

BOOKS FOR CHILDREN

Pooh's First Day of School

by Kathleen W. Zoehfeld
Scholastic 1997

Emily's First 100 Days of School

by Rosemary Wells
Hyperion Books 2000

Franklin Goes to School

by Paulette Bourgeois
Kids Can Press 1995

Clifford's First School Day

by Norman Bridwell
Scholastic 1999

Kindergarten Kids

by Ellen B. Senisi
Scholastic 1994

When You Go to Kindergarten

by James Howe
Mulberry Paperbacks 1995

BOOKS FOR PARENTS

Teach Me to Read, Letter by Letter: A Fun Way to Learn Reading Through Hands-On Experiences

by Bernice B. Green
Monarch Books of Canada 2000

Parent Power: 90 Winning Ways to be Involved and Help your Child Get the Most out of School

by Roberta Kirshbaum
H. B. Fenn 1998

The Read-Aloud Handbook

by Jim Trelease
Penguin 1995



Welcome to School



Ways to help make your child's first experiences at school positive ones



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Helping children get off to a good start

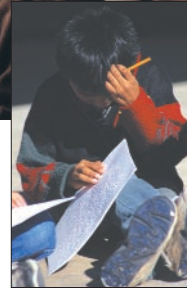


IDEAS THAT MAY HELP WITH THOSE FIRST SCHOOL DAYS

- **Introduce** some time away from known caregivers. For example, begin with storyhour at the local library.
- **Discover** the route to and from school. Practise the route several times to build your child's confidence and establish safety-conscious routines.
- **Discuss** personal safety, busing, and block parents.
- **Raise** issues related to faith and cultural concerns with school staff.
- **Encourage** a positive attitude to school. Find out the teacher's name and use it when discussing school activities.
- **Use** a calendar throughout the year. Circle the day on which school begins. Mark:

gym	library days
class trips	PA days
swim days	birthdays
special occasions	
- **Visit** the school at every opportunity. Take advantage of occasions such as:

Registration	Open House
Education Week	Interviews
Celebrations	Concerts



AT HOME

Parents' and caregivers' experiences have shown that it is important to:

- Be consistent and fair with discipline.
- Encourage your child to accept responsibility for personal hygiene, dressing and tidying up.
- Provide a well-balanced diet.
- Designate a specific bedtime. Ten to twelve hours of sleep is recommended for children this age.
- Mark all personal belongings such as coats, shoes, boots and mitts.
- Review safety rules frequently.
- Select and monitor television programs.
- Establish an area in the house where your child will go to do school-related work. This will help to build the important habit of doing homework.
- Save some time each day for sharing experiences.
- Display your child's work.
- Enrich your interaction through indoor and outdoor play experiences.
- Provide opportunities for socializing with other children.
- Plan for computer time and games.
- Read together every day.

HOME AND SCHOOL COMMUNICATION

Register early.

Provide:

- Birth certificate or acceptable proof of age
- Record of immunization
- Parents' business address and phone number(s)
- Family doctor's address and telephone number
- Dentist's address and telephone number
- O.H.I.P. number
- Babysitter's address and telephone number
- Alternative emergency telephone number.

If special medication is needed, a written note should be left with the teacher and a second copy at the school office. *Allergies should be noted.*

Contact the school if...

- your child is ill
- your child will be late
- you, your babysitter, doctor, dentist or emergency contact have had a change of address or telephone number.

Communication with the teacher about any condition affecting the child physically or emotionally is always appreciated.

Parents and teachers are a team working together to help our children succeed. Your interest in your child's adjustment and progress provides valuable motivation and encouragement throughout the school years.

